

MALAYSIA  
VS.  
DOMINICAN REPUBLIC

By Sylvia F. and Victoria O.



IN THIS QUICK PRESENTATION WE WILL BE INTRODUCING AND  
SHOWING YOU GUYS THE DIFFERENT TYPES OF GENERAL FOODS OUR  
COUNTRIES EAT AS WELL AS THE MUSIC WE LISTEN TOO.

# DOMINICAN REPUBLIC FOOD

**Mangu con queso frito, Salami y lluevo** is a traditional Dominican breakfast that consists of boiled plantains that gets smashed up, fried cheese and salami with an egg on the side. Red onions are optional.

\*Mangu can be made and enjoyed breakfast, lunch or dinner.



# DOMINICAN REPUBLIC FOOD

Arroz blanco con habichuelas, pollo guisado, aguacate y ensalada al lado is more or less your average lunch or dinner dish. Mostly dinner. It is white rice with beans with stewed/broiled chicken, avocados and salad on the side.

\*It is optional to eat your food with concon which is the crispy hard part of the rice that sticks to the bottom of the pot.



# DOMINICAN REPUBLIC FOOD

**Hojuelitas** is a popular Dominican corn chips that come in 3 different variety of flavors. Cheese (Queso), Lemon (Limon) and BBQ flavors.

Everyone's go to flavor is usually Queso flavored

Fun fact: A lot of Dominican relatives bring back these chips to the US for their families because it's very flavorful and enjoyable. (They taste better than the regular fritos we have in the US).



# DOMINICAN DESSERTS

**Habichuelas Con Dulce** also known in english as Sweet Cream Of Beans. It's an iconic dish that's usually made during Lent (holiday) but is also enjoyed as a tasty dessert throughout anytime of the year. You can enjoy it with **galletas de leche guarina**. The dessert is made with small red beans, sugar, condensed and evaporated milk, vanilla abstract, ground nutmeg and ginger. With a cinnamon stick on top.



# MALAYSIAN FOOD

**Satay.** It is a dish that is made of grilled, seasoned and skewered meat with a sauce. It may be sliced chicken, mutton, beef, pork, goat, fish, tofu and other meats depending on your preference in meat and what you ask for.



# MALAYSIAN FOOD

Malaysian Mochi (mua chi) with peanuts. It's eaten as a snack and is made up of mochigome, a short-grain japonica glutinous rice, and sometimes other ingredients such as water, sugar, and cornstarch.



# MALAYSIAN FOOD

**Char keow teow** is a traditional Javanese style noodle, commonly found in Indonesia and Malaysia. It is stir fried noodles with shrimp, chinese sausage, bean sprouts, eggs, chives and soy sauce.



# MALAYSIAN FOOD

**Nasi Lemak** is a Malay fragrant rice dish cooked in coconut milk and pandan leaf. It is commonly found in Malaysia, where it is considered the national dish; this coconutty rice bowl is topped with crispy-crunchy crumbles of teeny little fried anchovies dressed in a sweet-spicy sambal.



# MALAYSIAN FOOD

**Durian.** Malaysia is known for this fruit. It can be eaten either with rice or straight from the Durian Shell.

This fruit actually has a funny taste to it. It's a combination of savory, sweet, and creamy all at once. It's supposed to taste like diced garlic and caramel poured into whipped cream.

**Warning:** Durian does contain a very bad smell which is why it's been banned from on many types of public transport across Thailand, Japan and Hong Kong. In Singapore, the **fruit is banned** across all types of public transportation and even taxis have signs to let you know they refuse to carry passengers transporting the smelly fruit.



# MALAY AND DOMINICAN FRUIT

This is **rambutan**. It's a fruit known as the hairy fruit that's very popular in Malaysia. You open it by poking a hole in the middle and start tearing it apart. To poke the hole, you use your thumb and apply a little bit of pressure and pop out the fruit. You can suck on it from the outside of the seed but be careful not to swallow the seed inside. This fruit is very similar to a fruit Dominicans eat called **quenepas** which is eaten and opened up the exact same way.



# DOMINICAN REPUBLIC MUSIC

Music consists of **Bachata**

- Bachata dance and bachata music are connected together.
- Popular song and dance performed with guitar and percussion.
- Dance moves depends on the mood or environment.
- This music contains a lot of upbeat instruments that includes the Electric or acoustic guitar, a guira scraper, bongo drums, and claves. Sometimes even the trumpet depending on the artist.



# SALSA Y MERENGUE

- A type of dance and music.
- Since there is no tempo being set, it does not matter if it is danced at a slow or fast pace.



# MALAYSIAN MUSIC

- Music can be in Malay, Mandarin, Hokkien or English.
- Traditional music is played with instruments (most common ones are **Kompong and Rebana**)
- Traditional Malaysian music is played at National Parades or weddings.

