

By: KAYLA FRANCIS & LITZY

## ABOUT MÉXICO



BOTH OF MY PARENTS ARE FROM A SMALL TOWN IN PUEBLA, MEXICO, CALL SANTA ANA COATEPEC. ON A CLEAR DAY, YOU CAN SEE POPOCATEPETL AND IZTACCIHUATL VOLCANOES. BOTH ARE PART OF A AZTEC MYTH ON HOW THE TWO VOLCANOES WERE ONCE HUMANS WHO WERE DEEPLY IN LOVE WITH EACH OTHER. IZTACCIHUATL WAS A PRINCESS AND POPOCATEPETL WAS A WARRIOR, IZTACCIHUATL'S FATHER HAD A CONDITION FOR POPOCATEPETL BEFORE HE COULD MARRY HIS DAUGHTER, HE HAD TO GO BATTLE THE TRIBE'S ENEMY AND WIN. POPOCATEPETL SETS OFF TO FIGHT AND WINS THE BATTLE BUT BEFORE HE COULD RETURN A RIVAL OF HIS SENDS WORD THAT HE HAD DIED DURING THE BATTLE. THE PRINCESS UPON HEARING THE FALSE MESSAGE BECOMES ILL AND DIES OF A BROKEN HEART. WHEN POPOCATEPETL RETURNS HE FINDS HIS BELOVED DEAD, HE CARRIES HER UP TO THE MOUNTAINS, THE GODS, TOUCHED BY THE LOVERS, TURN THEM INTO MOUNTAINS SO THEY CAN FINALLY BE TOGETHER.

### ABOUT PANAMA



MOST OF MY FAMILY WAS BORN AND RAISED IN PANAMA WHICH IS LOCATED IN NORTH AMERICA BUT I WAS BORN IN AMERICA, EVENTUALLY I GREW UP TO LEARN A LOT ABOUT THE PANAMANIAN CULTURE. MY FAMILY IS FROM COLON PANAMA WHICH IS A CITY IN PANAMA IT SITS ON THE CARIBBEAN COAST, AT THE ENTRANCE TO THE PANAMA CANAL. COLON IS A , TOURIST DESTINATION, AND PORT OF CALL FOR MANY CRUISE SHIPS. IT IS ONE OF THE WORLDS LARGEST DUTY FREE PORT. MY FAMILY SPEAKS SPANISH AND BROKEN ENGLISH SPANISH IS THE LANGUAGE OF PANAMA.

#### HOW DO YOU DEFINE "FAMILY"?

PEOPLE WHO MAKE YOU FEEL LIKE YOU'RE HOME AND SAFE. THEY ARE ALWAYS THERE FOR YOU WHEN YOU NEED THEM, THROUGH THICK AND THIN.

-LITZY

PEOPLE WHO ARE ALWAYS AROUND TO HELP AND SUPPORT YOU WHENEVER YOU NEED THEM, THEY DON'T NECESSARILY HAVE TO BE BLOOD RELATED FOR YOU TO CALL THEM FAMILY.



-KAYLA

#### WHO HOLDS THE MOST "STATUS" IN YOUR FAMILY? WHY?

MY GRANDMOTHER HOLD THE MOST STATUS IN THE FAMILY BECAUSE SHE HOLD THE FAMILY TOGETHER AND MAKE SURE EVERYONE STAYS IN CONTACT AND GET ALONG I DON'T KNOW WHAT WE WOULD DO WITHOUT HER. AS A CHILD MY GRANDMOTHER GREW UP TO KNOW THAT FAMILY IS VERY IMPORTANT AND WE SHOULD ALWAYS STAY AS CLOSE AS POSSIBLE.

AUNT

RANDMOTHF

MOM

-KAYLA

MY MOM, BECAUSE SHE IS ALWAYS MAKING SURE THAT EVERYONE IN MY FAMILY IS IS WELL AND GETTING ALONG WITH EACH OTHER. SHE IS ALWAYS REMINDING EVERYONE THAT WE NEED TO STICK TOGETHER BECAUSE WE ARE FAMILY AND FAMILY MEANS EVERYTHING.

-LITZY



#### HOW IMPORTANT IS EDUCATION IN YOUR CULTURE?

IN THE PANAMANIAN CULTURE EDUCATION IS NOT AS IMPORTANT IN PANAMA THE PEOPLE ARE WORRIED ABOUT OTHER THINGS LIKE MAKING MONEY, THEIR EDUCATION SYSTEM ARE NOT AS GOOD AS IT IS IN THE U.S BUT MY PARENTS HAS BECOME AMERICANIZED THEY HAVE DO NOT PLAY ABOUT GOING TO COLLEGE AND GETTING A

DEGREE.

-KAYLA



MY PARENTS GREW UP IN A SMALL TOWN WHERE THE HIGHEST PEOPLE GO IS MIDDLE SCHOOL, IF THAT, MOST OF THE PEOPLE WHO DROP OUT DUE TO NOT BEING ABLE TO PAY FOR SCHOOL OR THAT THEY NEED TO HELP OUT IN THEIR FAMILY. MY PARENTS WEREN'T ABLE TO FINISH ELEMENTARY SCHOOL SO WHEN COMING HERE THEY MADE SURE THAT THEIR KIDS WOULD GO FURTHER THEN THEY DID.

-LITZY

## DO YOU EAT FOODS THAT ARE INDIGENOUS TO YOUR CULTURE? WHY OR WHY NOT? IF YOU ANSWERED YES, NAME SOME OF THE FOODS THAT YOU EAT. IF YOU ANSWERED NO, WHAT TYPES OF FOODS DO YOU EAT?

IN PANAMA MY PARENTS GREW UP EATING SEVERAL TASTY FOODS, ONE OF MY FAVORITE FOODS ARE CEVICHE WHICH IS RAW FISH OR SEAFOOD MARINATED IN LIME JUICE ONIONS AND PEPPERS. THIS SNACK IS USUALLY SERVED WITH AN ICE-COLD BEER. FISH AND SHELLFISH IN PANAMA OF ALL KINDS AND IN LARGE PORTIONS ARE A FRACTION OF WHAT YOU WOULD NORMALLY PAY IN THE U.S OR U.K. IN PANAMA WE ALSO EAT TAMALES WHICH IS A SWEET DOUGH WHICH IS WRAPPED IN BANANA LEAVES. -KAYLA





AT HOME, I GREW UP WITH A "POOR MAN FOOD" AND TRADITIONAL FOOD THAT MY PARENTS WOULD EAT WHEN THEY WERE YOUNGER. A "POOR MAN'S FOOD", AS MY MOM LIKE TO CALL IT, WAS CHILE CON HUEVO, TACO CON SAL Y CHILE AND FRIJOLES. MY MOM WOULD CALL IT A "POOR MAN'S FOOD" BECAUSE THAT WAS USUALLY EATEN IN EL CAMPO AND WHAT THE POOR WOULD USUALLY EAT BECAUSE THERE WAS NO MONEY FOR MEAT. I ALSO GREW UP WITH EATING RICE, MOLE VERDE, MOLE, MOLE ROJO, TAMALES, CHILE RELLENO, TOSTADA, ENCHILADAS,

AND POZOLE.

-LITZY

#### HAVE YOU EVER EXPERIENCED RACISM? IN WHAT FORM?

YES I HAVE EXPERIENCED RACISM SOMEONE ONCE WAS TALKING ABOUT ME IN SPANISH AND DIDN'T EXPECT ME TO KNOW WHAT THEY WERE TALKING ABOUT DUE TO THE FACT THAT MY SKIN IN DARKER THEY WOULDN'T EXPECT ME TO BE HISPANIC, IN MY OPINION THIS WAS A FORM OF IGNORANCE BECAUSE ANYONE CAN BE BLACK AND ALSO SPEAK OR UNDERSTAND SPANISH IT IS A LANGUAGE NOT WHERE YOU ARE FROM THAT IS WHY WE SHOULD WATCH WHAT WE SAY AND RESPECT OTHERS . - KAYLA

YES I HAVE EXPERIENCED RACISM BEFORE, ONCE WHEN MY BROTHER AND I WERE WALKING HOME FROM THE TRAIN STATION AT NIGHT THERE WAS THESE TWO WOMAN IN FRONT OF US. THEY KEPT ON LOOKING BACK AT US AND WHISPERING AMONG EACH OTHER. ME AND MY BROTHER DECIDE TO TRY TO GO AROUND THEM BUT AS WHEN GOT CLOSER TO THEM, THEY PULL THEIR BAGS CLOSER TO THEM AND STARTER TO WALK FASTER. I HATE HOW MANY PEOPLE IN MY OWN NEIGHBORHOOD DON'T BELIEVE THAT PEOPLE OF COLOR ARE JUST SIMPLY JUST TRYING TO GO HOME AND NOTHING ELSE. -LITZY

## IF RELIGION IS IMPORTANT IN YOUR FAMILY, DO YOU PLAN TO PASS THIS ON TO YOUR CHILDREN? WHY OR WHY NOT?

YES RELIGION IS IMPORTANT IN MY FAMILY, MY FAMILY IS CATHOLIC AND THEY BELIEVE IN GOD BUT WE AREN'T AS RELIGIOUS TO THE POINT WHERE WE GO TO CHURCH EVERY SUNDAY WE NORMALLY GO TO CHURCH ON HOLIDAYS. I WOULD LOVE FOR MY CHILDREN TO BE RELIGIOUS BUT I WOULD ALSO GIVE THEM THE CHOICE OF THEIR OWN TO DECIDE WHAT RELIGION THEY WOULD LIKE TO BE.

YES, IN MY FAMILY RELIGION IS IMPORTANT AND WE GO TO CHURCH EVERY ONCE IN A WHILE BUT WE DO GO TO CHURCH ON THE HOLIDAYS AND SPECIAL OCCASIONS FOR CELEBRATING SAINTS. GOING UP IN A SOMEWHAT RELIGIOUS HOUSEHOLD I WOULD LIKE TO RAISE MY CHILDREN WITH CERTAIN THINGS THAT I DID AS A CHILD WHEN GROWING UP AS A CATHOLIC.

-LITZY

-KAYLA

# IF YOU ARE FROM A CULTURE THAT SPEAKS ENGLISH AS A SECOND LANGUAGE, DO YOU SPEAK YOUR NATIVE LANGUAGE? IF NOT, WHY? IF SO, WILL YOU TEACH YOUR NATIVE LANGUAGE TO ANY CHILDREN YOU HAVE?

PANAMA'S NATIVE LANGUAGE IS SPANISH, I DO NOT SPEAK SPANISH BUT I UNDERSTAND MOST OF IT, I FEEL LIKE I CAN SPEAK IT BUT I WAS ALWAYS SHY TO DO SO BECAUSE I ALWAYS FEEL AS IF I DON'T SOUND RIGHT. YES I WILL DEFINITELY MAKE SURE MY CHILDREN LEARN SPANISH.

WHEN I WAS YOUNGER I MOSTLY SPOKE SPANISH BUT AS I GOT OLDER I STARTED TO SPEAK LESS OF IT. I UNDERSTAND SPANISH AND I HOPE THAT WHEN I HAVE MY OWN CHILDREN THEY WOULD BE ABLE TO SPEAK SPANISH AND ENGLISH INTERCHANGEABLE. - LITZY

-KAYLA

#### COMPARE

- ARE BOTH SPANISH SPEAKING COUNTRIES

  THE DELICEOUS TALTHESE COUNTRIES
  - THE RELIGION IN THESE COUNTRIES ARE MOSTLY CHRISTIANITY
- THERE MOST POPULAR SPORT IS FOOTBALL (SOCCER)
- THEY HAVE CERTAIN TRADITIONS THAT THEY FOLLOW

BOTH HAVE THEIR OWN HOLIDAYS THAT THEY CELEBRATE EVERY YEAR:

- ONE OF MEXICO'S BIGGEST HOLIDAY IS
   BENITO JUÁREZ DAY WHICH IS
   CELEBRATED ON THE 3RD MONDAY OF
   MARCH
  - PANAMA CELEBRATES COLON DAY THIS HOLIDAY CELEBRATES THE EVENTS OF 1903, WHEN THE CITIZENS OF COLON STARTED MARCH ON PANAMA CITY BY THE COLOMBIAN ARMY.

#### MEANING BEHIND OUR FLAGS

PANAMA'S FLAG IS RED, WHITE AND BLUE, DIVIDED INTO FOUR QUARTERS WITH TWO WHITE RECTANGLES ONE BLUE, AND ONE RED. EITHER WHITE RECTANGLE BOASTS A SINGLE STAR, BLUE IN THE TOP LEFT, RED IN THE BOTTOM RIGHT. EVERY COLOR IS SYMBOLIC IN THE WAY THAT IT REPRESENTS AN IMPORTANT ELEMENT TO PANAMANIAN LIFE. THE WHITE IN THE FLAG REPRESENTS PEACE. THE BLUE STAR IS SYMBOLIC FOR PURITY AND HONESTY, AND IT ALSO REPRESENTS THE CONSERVATIVE PARTY. THE RED STAR STANDS FOR AUTHORITY AND LAW. AND IT ALSO REPRESENTS THE LIBERAL PARTY OF PANAMA.



MEXICO'S FLAG IS DIVIDED INTO THREE EQUAL SIZED VERTICAL STRIPES, GREEN, WHITE, AND RED. IN THE MIDDLE OF THE FLAG IS MEXICO'S COAT OF ARMS. THE GREEN STRIPE REPRESENTS HOPE, WHITE SYMBOLIZES RELIGION, AND RED REPRESENTS INDEPENDENCE. THE COAT OF ARMS IS FROM AN AZTEC LEGEND THAT TELLS A TALE OF GOD TELLING THE AZTECS THAT WHEN THEY COME ACROSS AN EAGLE, SITTING ON A PRICKLY PEAR TREE WITH AN SERPENT IN ITS MOUTH-THAT IS THE PLACE THEY SHOULD ESTABLISH THEIR CITY. THIS PLACE WHERE THEY FOUND THE EAGLE WAS ON A LAKE WHICH IS NOW THE MIDDLE OF PRESENT DAY MEXICO CITY. -LITZY



