

# MY AFRO – AMERICAN CULTURE

BY KARLA R.

CLDV 100

PROF. REMI ALAPO

FALL 2021



# CULTURE

- CULTURE IS SOMETHING WE LEARN FROM YOUR PARENTS AND THE PEOPLE AROUND US. IT IS PASSED FROM GENERATION TO GENERATION. WE LEARN BY TALKING, ASKING QUESTIONS, AND OBSERVING. WE ARE CONSTANTLY LEARNING AND OBSERVING SOMETHING ABOUT OUR CULTURE. CULTURE IS CONSIDERED “A WAY OF LIFE”, IT GIVES A GROUP OF PEOPLE THEIR VALUES, BELIEFS, NORMS, AND KNOWLEDGE.
- CULTURE VALUE AND CULTURE NORM ARE CONNECTED, IT GIVES YOU CORE PRINCIPLES WHICH SHAPES THE SOCIETY AND THE PEOPLE LIVING IN THE SOCIETY. IT INFLUENCES THE WAY YOU BEHAVE AND HOW YOU VIEW THE WORLD.

# MY CULTURE

- THE PAN-AFRICAN AMERICAN FLAG WAS CREATED IN 1920 TO REPRESENT PEOPLE OF THE AFRICAN DIASPORA AND TO SYMBOLIZE BLACK LIBERATION IN THE UNITED STATES
- THE FLAG CONSIST OF THREE EQUAL. HORIZONTAL BANDS COLORED RED, BLACK, AND GREEN
- RED – THE BLOOD THAT UNITES ALL PEOPLE OF BLACK AFRICAN ANCESTRY, AND SHED FOR LIBERATION ; BLACK – FOR THE PEOPLE WHOSE EXISTENCE AS A NATION, THOUGH NOT A NATION-STATE, IS AFFIRMED BY THE EXISTENCE OF THE FLAG; GREEN – THE ABUNDANT AND VIBRANT NATURAL WEALTH OF AFRICA, THE MOTHERLAND





# CULTURE VALUE AND CULTURE NORM

- CULTURE VALUE AND CULTURE NORM ARE CONNECTED, IT GIVES YOU CORE PRINCIPLES WHICH SHAPES THE SOCIETY AND THE PEOPLE LIVING IN THE SOCIETY. IT INFLUENCES THE WAY YOU BEHAVE AND HOW YOU VIEW THE WORLD.
- CULTURE VALUE IS WHAT TELL YOU WHAT IS RIGHT AND WHAT IS WRONG.

# MY CULTURE VALUE AND CULTURE NORM

- I WAS TAUGHT TO RESPECT MY ELDERS AND AUTHORITY. I WAS TAUGHT TO EAT AT THE TABLE WITH THE FAMILY.
- WE WAS ALSO TAUGHT TO BE TRUTHFUL, HARDWORKING, AND OBEDIENT.
- WE BELIEVE FAMILY IS VERY IMPORTANT. THE FAMILY SHOULD BE CLOSE AND WORK TOGETHER TO RAISE EACH OTHER.





## TRADITIONAL HOLIDAYS

- MARTIN LUTHER KING JR. DAY – THIS HOLIDAY CELEBRATES THE LIFE OF MARTIN LUTHER KING JR. AND HIS CONTRIBUTIONS TO THE CIVIL RIGHTS MOVEMENT BEFORE HIS DEATH.
- JUNETEENTH - THIS HOLIDAY COMMEMORATES THE DAY SLAVES WERE SET FREE, COMMEMORATING ABOLITION IN TEXAS.
- KWANZAA – THIS HOLIDAY CELEBRATES A “GOOD HARVEST, LIFE AND PROSPERITY. THIS TRADITION FOCUSES ON HERITAGE APPRECIATION AND THE IMPORTANCE OF FAMILY.
- BLACK HISTORY MONTH – THIS CELEBRATION STEMS FROM THE PRIDE ASSOCIATED WITH AFRICAN HERITAGE. IT GIVE RECOGNITION AND AWARENESS OF BLACK HISTORY.



# TRADITIONAL FOOD



- AFRICAN AMERICANS WOULD TYPICALLY EAT SOUL FOOD. SOUL FOOD IS A TERM USED FOR AN ETHNIC CUISINE, FOOD TRADITIONALLY PREPARED AND EATEN BY AFRICAN AMERICANS OF THE THE SOUTHERN UNITED STATES.
- SOUL FOOD WOULD CONSIST OF FRIED CHICKEN, MACARONI AND CHEESE, COLLARD GREENS, CORNBREAD, AND BLACK-EYED PEAS.
- WE WOULD ALSO EAT OXTAILS, CABBAGE, NECK BONES, HUSHPUPIES, AND PECAN PIE.



# CROSS CULTURAL

- CROSS CULTURAL IS A COMPARISON BETWEEN DIFFERENT CULTURES. WHEN A PERSON INTERACT WITH PEOPLE OF DIFFERENT CULTURE, ETHNIC, AND CLASS BACKGROUND. THEY RECOGNIZE THE DIFFERENCES OF NATIONS, BACKGROUNDS, AND ETHNICITIES. CROSS CULTURAL HELPS PEOPLE TO UNDERSTAND MORE ABOUT THEMSELVES AND OTHERS.



# MY CROSS CULTURE EXPERIENCE

- MY CROSS CULTURE EXPERIENCE WAS WHEN I WENT TO JAMAICA. IN JAMAICA, THEY DRIVE ON THE LEFT SIDE OF THE ROAD. THIS WAS VERY DIFFERENT AND SCARY FOR AN AMERICAN LIKE MYSELF WHO CONSIDERS THAT TO BE THE “WRONG” SIDE OF THE ROAD.
- JAMAICA’S AND THE BAHAMAS BEACH ARE BEAUTIFUL. YOU ARE ABLE TO SEE IN THE WATER.
- IN JAMAICA THEY DO NOT HAVE THEIR PETS LIVING IN THEIR HOME. THEIR ANIMALS ARE OUTSIDE AND FREE.
- IN JAMAICA AND BAHAMAS THEY HAVE AN EXCURSION WHERE YOU CAN SWIM WITH PIGS.



# JAMAICA





# BAHAMAS

# REFERENCES

- [HTTPS://OUREVERYDAYLIFE.COM/AFRICAN-AMERICAN-HOLIDAYS-TRADITIONS-12329696.HTML](https://oureverydaylife.com/african-american-holidays-traditions-12329696.html)
- [HTTPS://AAREGISTRY.ORG/STORY/SOUL-FOOD-A-BRIEF-HISTORY/](https://aaregistry.org/story/soul-food-a-brief-history/)