



Pakistani Culture

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My Country

-Pakistan is in Asia

-Population-220,892,340

-Currency Pakistan rupee (Rs)

-It has 160 districts

-The capital of Pakistan is Islamabad

-96% of population in Pakistan are Muslims however there is also a few people are Hindu (2%), Christianity (19%), and others are (19%).





Pakistani Food

-Pakistani Biryani. It is like Chinese rice. this is the famous food in Pakistan.

-Chicken roast. It is very tasty and spicy

-Kebabs. There are a lot of kinds of kebabs. It very spicy and yummy

-Roti. It is a food in Asian countries, especially in Pakistan. People almost eat it three times in a day.



-Gol Gappa.It is also very tasty street snack. Majority of the people like this.

Traditional Dress

-The National dresses for Pakistani for men and women are, men wear, kurta and women wear, Shalwar Kameez. Women usually prefer to wear these clothes for occasion on Eid, family gathering. Men wear the kurta. On the of Jumma Day, every Friday of the week; we as Muslims are required to pray namaz and are entitled to go to masjid, (mosque).



My cultural norms

- Some culture norms, I grew up with are praying five times a day facing Mecca. Opening the chapter of Quran, give Zakat(Alms), Fasting which means (Sawn) and Hajj(Pilgrimage) We don't really get gifts presents from family or friends but On Eid Al -fitr, right after Ramadan, we get eidi money from our parents which is a norm.



Cultural Shock Experience

- Some of my culture shock experience that I have experienced is the hijab scarf. In most Muslims culture, we would often wear it to pray or when someone comes over first time that you don't know. It allows them to retain their modesty, morals and protect themselves. In contrast American culture is very diverse but it allows a person to express themselves. A person can wear or do whatever of your choice. American culture is not only defined by the past- faces lifestyle but also its fashion and "to go" coffee. It is also the culture of many diversity, different region, races and ethnicities that makes each individual unique. It also makes the of values and characteristics of American culture.
- My experience with other culture like Southern Asia people are very diverse. I have seen how that a lot of the older generation still their traditional Shalwar Kameez as everyday wear, which I really like it because the shalwar kameez reminds me of my culture. The culture norms there is the same because whether it is hot or cold, we still wear the traditional clothes. They also don't show their skin. I appreciate how here I am allowed to wear whatever I want rather than being in my country. Overall, their culture norms and values are very similar.



My New York Experience

The four images above I have chosen are significant. It has shaped my views of immigration. The first image illustrates freedom and one human race for all!!! Second image shows how we all need to be together and face the challenges, then to be seen isolated from one another. Third pictures shows the change of, "We are the Human race." Lastly, the fourth picture shows no individual is seen any less than the other, we are EQUAL in each way.



Why cross-cultural understanding is important?

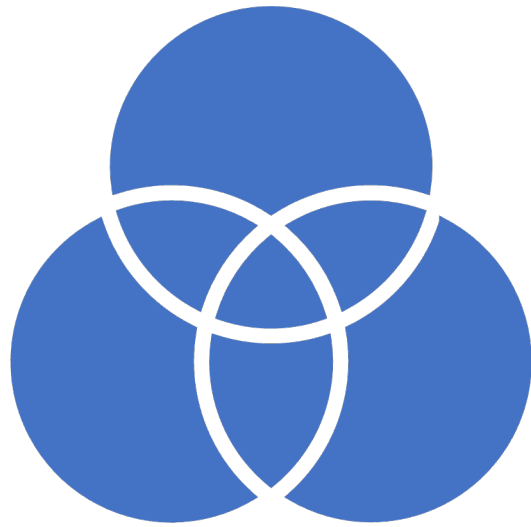


-Culture builds communication between people from different cultures.

-Examples such as better opportunities understanding various cultures that work together quickly.

-Cross Cultural builds Cultural Awareness that has a deeper understanding of dynamic values and beliefs of different cultures that has an affect.

-Cross-cultural helps understand from learning to value other cultures and respect their views that people think "different" means wrong that is not right to accept others culture.



How did Week 1-8 impact my Cross-Cultural Experience?

Overall, Week 1 through week 8 has impacted by cross – cultural experience by how each aspects of human thought and behavior are universal that can be a differences in cultural. It also leads to how people think, feel and act. Some cultures might have individualism and the importance of personal experiences. Cross- cultural interactions helps us to develop some important interpersonal skills that develops others' ideas, talents and experiences. Also, it has an impact of others culture that are related to norms and values that shared behavior of people within social groups. This can be from identity, gender, beliefs and attuites that all provides a perspective of culture.



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Conclusion:

Overall, Pakistan and American are unique but similar at the same time. When it comes it to their norms, values, traditions, and holidays it shares a few in a common but they have a few differences in the food, culture and some of the traditions.

References:

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- <https://migrationology.com/pakistani-food/>
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