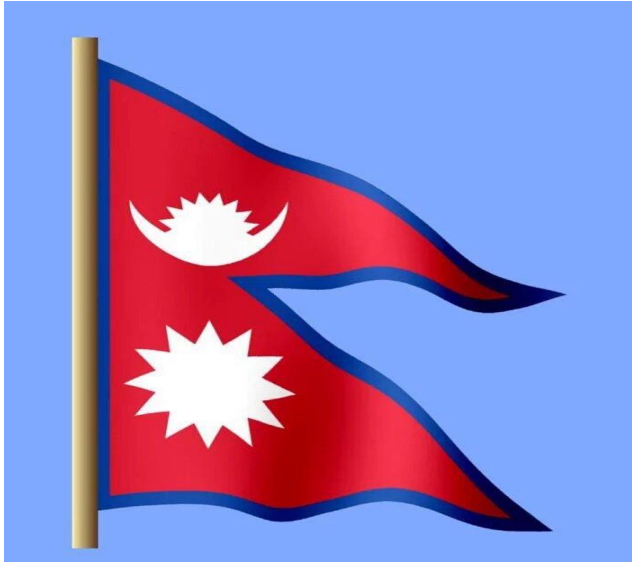


Comparing cultures: Guyana and Nepal



- Nepal is country in South Asia and is situated between India and China.
- Guyana is a country in South America, it is between Venezuela and Suriname.
- Tibet is a country in Asia between China and Nepal.

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Comparison of Food



Comparison of food contd.

Nepal

- The main meal of nepalese are Dal (beans), Bhat (rice) and Tarkari (curry).
- It is very different from a typical meal because it has its own very nepali traditional taste to it.
- Some of the most popular dishes of Nepal are momo (dumplings), chomein, Dheedo, sel roti and more.
- Nepali food is similar in taste to Tibetan and a bit of Indian food.

Guyana

- Guyanese food reflects the large diversity of it's people.
- Food like rice, beans, chicken and vegetables can be traced to Africans.
- Other food like Chowmein and Fried rice reflect Asian influence in Guyana.
- Indian influence is reflected by curries.
- In general Guyanese food has a lot of seasoning.

Comparison of clothes



Nepali/Tibetan Chuba



Nepali Cultural dance clothing



Guyanese religious clothing

Comparison of clothing contd

Nepal

- There are many diverse cultures within Nepal. The clothing also relates to their religion.
- Hindu nepali people wear sari or kurtha and bhuddist nepali tibetan people wear chuba for any cultural occasions but for everyday life, you are free to wear anything like jeans or shirts.
- It is good if you wear something appropriate especially in family gatherings.

Guyana

- For everyday life Guyanese pretty would wear normal clothing like jeans and T-shirts.
- Short pants are quite popular because of Guyana's warm weather.
- For religious festivals men wear a Kurtha shirt that goes down to around your knee area and women wear sari's.
- Parents are often strict and require children to always wear appropriate clothing.

Traditions and superstitions.

Nepal

- Using red ink is bad luck.
- Do not open an umbrella indoors.
- No whistling.
- Take your shoes off before entering homes.
- Your parents do not name you, the monks do after they do a reading/prayers.

Guyana

- It's considered bad luck to have a pet like a black cat or black dog.
- Never leave windows open at night because evil may enter your home.
- Playing dominoes invites evil to your homes
- Children are usually given a middle name by their religious leader.
- No shoes at home.

Comparison of wedding ceremonies



Comparison of wedding ceremonies contd.

Nepal

- Nepali hindu weddings are similar to indian weddings as it lasts over four days and during the ceremony, gifts are exchanged between families and blessings are given.
- However, for Tibetan weddings, there are only 2 ceremonies which are the engagement and the actual big party.
- The engagement is considered the official traditional wedding where families and monks do prayers at each other's homes and exchange rings. It first starts off at the bride's house where the groom goes to pick her up from her house and then to his house, that's where the second session begins of the engagement.

Guyana

- Guyanese Wedding ceremonies are very long and typically take 4 to 5 nights to be done, depending on how traditional it is being done.
- Usually involves a traditional Hindu wedding ceremony and normal Suit and Tie type wedding.
- Usually has a ceremony that is representative of a bride leaving her parents home to live with her husband.

Comparison of religion

Nepal

- Dominant religion is buddhism
- Mostly about peace and quiet
- Not so strict from other religions; no restriction in clothing
- Strong believe in reincarnation, karma and dharma
- Monasteries

Guyana

- Dominant religion is Hinduism
- Lots of rules and traditions in daily life that are expected to be followed.
- Many aspects of Guyanese life are governed by religion, such as what someone is able to eat and what they are able to do.
- Children are usually given a middle name by their religious leader
- Children are always expected to follow their elders' advice

Comparison of Funerals

Nepal

- In modern times the body is cremated. In previous generations the monks would tell the families what should be done with the body. Whether it can be cut into pieces and given to animals like vultures or thrown into the sea..
- It consists of a lot of prayings that goes on for about a week and the family of the deceased cannot go to parties or participate in any form of fun activities.

Guyana

- Most times a cremation is done for the funeral
- Very traditional manner of a funeral ceremony.
- Starting with a traditional meeting of all family at the deceased's house for a few days before the funeral.
- Finishes with the cremation ceremony.
- Lots of prayer ceremonies involved.

Similarities that both cultures share

- Both cultures' food share some Asian characteristics like spices and both cultures have Chowmein and fried rice.
- Women from both cultures may wear sari's, depending on whether the women from Nepal are Hindu or Buddhist.
- The wedding clothing from both Cultures have a similar appearance. Even though they have different names, a Nepali wedding dress is called a Chuba while a Guyanese wedding dress is called a Sari.
- Parents from both cultures may be strict and they make their kids wear appropriate clothing at all times.
- Both cultures have strong values of karma
- Kids are given a name from a religious leader. In Nepali culture they are given the first name but most times in Guyanese culture they are given a middle name from a religious leader.
- You are not allowed to wear your shoes at home.
- Both wedding ceremonies involve the exchange of many gifts.

Similarities contd.

- Funeral ceremonies involve cremation.
- Both cultures have a period of time known as grievance, during this period of time the family of the deceased is not allowed to go to parties or celebration type events.
- Both cultures view black cats as bad luck