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### **ANNOTATED BIBLIOGRAPHY**

Topic -The people of the earth are one family, We are Diverse but united

This is a summary of topics from weeks 3,4,5 and 12 (culture and society, cultural norms, values, taboos, laws, race, and racism) and more specifically Week 3 culture and society. I begin the paper with my background information, and my experience of culture while growing up with south Asian(Bengali Muslim) and a sort of American culture. There's a mixed intro to both cultures. My family's beliefs and background. My adaptation to a new environment as a 10-year-old. Then I move on to talking about the cultural norms and values while growing up(in a Bengali Muslim family), where I also compared my cultural norms and values with American culture and also with other cultures where I use information from different resources and information from the interviews of my friends( where they share their cultural norms, values, and stereotype). Then also talk about taboos around the world and that we all should be careful about that after all, we live in America which is well-known for its diversity. Then I talked about America's diversity and introduced the term ( salad bowl and melting pot) and through that, explained why we should learn about each other's culture so then we can understand each other, so then we don't end up hurting each other unknowingly. Then I talked about my cross-cultural experienced and from there I started talking about "Our Dream about The United states" our dream of seeing this country as a united family. The place where will be no place for terms like discrimination, racism, there I also explained the term multiculturalism. In conclusion, I just sum up the whole with a good message.

## **1.Racism and discrimination in health care: Providers and patients**

*Monique Tello. January 16, 2017. Harvard Health Publishing.*

<https://www.health.harvard.edu/blog/racism-discrimination-health-care-providers-patients-2017011611015>

This reference focuses on the racial discrimination that is going on in the medical field especially towards African Americans and other minorities groups. This resource provides some examples that focus on how we can eliminate racial discrimination in the health field. This resource highlights the fact that even though we are living in 2021, there still peoples mindsets are living back in the 1900s. There is information in the article, how future generations can stop this hatred. I used this source because at the end of my essay I made recommendation on how we can stop spreading hates and racism and stay united like a family be respectful of our culture, This was helpful source for me because in future want to go to medical field so this source taught how can I contribute in stop spreading racism in the medical field.

## **2.The American tradition of multiculturalism**

*Eugene Volokh. Jan 27, 2015. The Washington Post.*

<https://www.washingtonpost.com/news/volokh-conspiracy/wp/2015/01/27/the-american-tradition-of-multiculturalism/>

This source truly defines the meaning of “Multiculturalism” and helped me in explaining how a true multiculturalism country should be looking, and or how our dream America should look like. America will be no place for racism and discrimination. This source helps me to explain, how we can fight against racism and discrimination. We all need to recognize, name, and understand these attitudes and actions. I would recommend this source to others because this source doesn’t only explain the true meaning of multiculturalism but also tells us how we can contribute to make our country a “ true multiculturalism" country.

### **3.What is Cultural Stereotyping? - Cultural Stereotyping**

(works cited

Hernandez, Tanya K. "Stereotype Threat' Is Not Easily Countered Without Affirmative Action." *The Opinion Pages Room for Debate*. N.p., 29 Apr. 2014. Web.

<https://sites.google.com/a/isd112.org/stereotyping/website-builder>

In my paper, I mainly focus on different cultures and people so this source was a big help for me because every culture has some stereotypical beliefs so basically this source gives a list of different stereotypes from different cultures and explains them, and tells us the importance of knowing them. We need to know about different cultural stereotypes to understand each other’s culture better. After all, we live in a diverse community. I would recommend this source to

people because this can be really helpful while you are traveling to different countries “so then you don’t end up doing something that is a total NO over there” and also it can be very useful for our everyday life because we live in a diverse community and knowing about different stereotypes can save us from many embarrassing moments.

#### **4. Introduction to Sociology**

*Lumen Waymaker. (N.D). Model 3 culture*

<https://courses.lumenlearning.com/wm-introductiontosociology/chapter/values-and-beliefs/>

In the paper, I mainly focus on different cultures and people so this source was a big help for me because Cultural norms and values are the standards we live by. This source perfectly defines the cultural norms and values, and their importance. And also explains how Individuals in a society have specific beliefs, but they also share collective values. I would recommend this source to others because this can be really helpful while you are traveling to different countries “so then you don’t get confused by some of their actions by learning about these norms all of their actions will make sense to you” and also it can be very useful for our everyday life because we live in a diverse community and knowing about different norms and values can help us bond with different people and even stop spreading hates.

#### **5. Melting Pot or Salad Bowl?**

*Andres Noren , Jan 29, 2019 , Civic Issues*

<https://sites.psu.edu/ajwciviciissues/2019/01/21/melting-pot-or-salad-bowl/>

This resource perfectly defines the term salad bowl & melting pot and the history behind each term and the main idea behind each term. I used this resource at the beginning of my 1st body

paragraph, when I was talking about America's culture. How America's culture is becoming a mix of all cultures and also I used this resource to explain the importance of learning about a different culture and cultural values. I would recommend this resource to others because the two terms salad bowl & melting pot both are very important for America and we should know the history behind it. We should truly believe that meaning and use it in our everyday life (for example a salad bowl symbolizes one big integration of unique, distinct cultures so we should respect every culture because it is part of America ).

## **6. Cultural barriers and how to overcome them in your global company as a global leader • eurac -**

*European Academy for Executive Education (N.D)*

<https://eurac.com/cultural-barriers-and-how-to-overcome-them-in-your-global-company-as-a-global-leader/>

This resource focuses on our differences, things that stop us from being united such as our stereotypes beliefs, language barriers, etc I used this resource as a transition from talking about culture and cultural values to multiculturalism. Also this resource helped me explain how we can break these barriers and become united as a human and create our “dreamland” here. Also, I will recommend this to others because I believe we all should read it and find our way to stop our barriers and solve our differences and start respecting each other.

## **7. [\(41\) Symbols, Values & Norms: Crash Course Sociology #10 - YouTube](#)**

*David Chichowski. May 15, 2017. CrashCourse.*

This video was actually recommended by our Professor for Week #3 Culture and Society, and first, when I saw the video for class discussion I thought this can be a perfect resource that I can

use in my Paper. This video was kind of like a mini world tour, so basically, this video taught me about different norms, values, symbols of different cultures, and why they are important. As we live with people from different parts of the world so we should know about their cultural norms, values, and symbols so unknowingly we don't misjudge them and or hurt them. I included these in my paper such as offering pork to Muslims, beef to Hindus, wine to Muslims, and Sikhs. We can unknowingly hurt them but by knowing those small things we can be careful about these things. I would recommend this source to others because this can be really helpful while you are traveling to different countries "so then you don't get confused by some of their actions by learning about these norms all of their actions will make sense to you" and also it can be very useful for our everyday life because we live in a diverse community and knowing about different norms and values can help us bond with different people and even stop spreading hates.

## **8. 4 ways to be an ally in the fight against racism**

*Written by Sarah Shakour. June 19, 2020. World Economic Forum*

<https://www.weforum.org/agenda/2020/06/ally-black-lives-matter-racial-injustice/>

The ending of my paper focuses on ending racism and discrimination for us to move into a Dream America, this resource is really helpful for me. This resource provides some useful steps we can take as normal beings and that will help us to get our Dream America. Where we can live in peace. We can live united like a family. I would recommend this to others because ending racism is something that we should work together for and this resource can be a perfect guideline for us .

## **9.**

[\(41\) Taboos Around the World - YouTube](#)

*The infographics show. August 9th 2017.*

This video was actually recommended by our Professor for Week #5 Norms; folkways, mores, laws, and first, when I saw the video for class discussion I thought this can be a perfect resource that I can use in my Paper. This was a very useful video for me both for the paper and daily life as well. So basically this video explains the taboos around the world. A taboo is an activity or behavior that is forbidden, prohibited, or otherwise outside of what is considered acceptable in society. Taboos are grounded in morality, and can also be linked to a culture or religion. An act may be taboo in one culture and not in another. I used some of the examples in my paper. I would recommend this video to everybody because this can be very useful for use while communicating with people from different cultures and especially when we are traveling.

## **10.Asia and America: How Cultural Differences Create Behavioral**

Alicia Chon. 2014. University of Pennsylvania.

<https://repository.upenn.edu/cgi/viewcontent.cgi?article=1026&context=sire>

This resource focuses on explaining the difference between American and Asian culture. This resource is an add-on to my personal experience about two cultures and my point of view. Also, the resource explained the history of each culture which helped me explain why each of them has different cultural values and beliefs, and why they act differently from each other. I would recommend this source to both Asians and Americans so they both can understand each other's culture and cultural values and have respect for each other.