



My Cross-Culture Experience in The U.S.

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What is Cross-Cultural Experience?

Cross-Cultural experiences allow people from one culture to interact with people from another culture and learn from each other.

My first cross-cultural experience was when I first moved to America in 2012. The place was different from what I was used to and how I imagined it. The food, religion, the music, what people wear, how people acted, etc. were so much different.

A Little About St. Lucia...

- St. Lucia is a country in the Caribbean.
- Location:
- The culture of St. Lucia is a blend of African, French and English heritage.
- The flag: The blue represent the sky and sea, the white and black represent the people, and the yellow represent the sun.
- The people of St. Lucia speak English & Creole.
- Hot & tropical place.



A Little About The United



- Diverse country with 50 states.
- Many different people of different cultures.
- The flag: The 50 stars represent the 50 states, and the 13 stripes represent the 13 colonies.
- Four seasons: winter, spring, summer, fall.

St. Lucian Celebrations:

- Independence Day - celebrated on February 22nd. St. Lucia celebrated independence from Great Britain.



- Jounen Kwéyól (Creole Day) - celebrated each year on the last Sunday of October. St. Lucians take this day to celebrate our creole side and traditional creole habits including cooking traditional food, speaking creole and wearing madras clothing.



American Celebrations:

There are so many different holidays celebrated in America. For example:

- Independence Day (Fourth of July)
- Juneteenth
- Memorial Day
- President's Day



St. Lucian F



In St. Lucia, we eat the regular rice, meat, greens and etc that other cultures may eat but when it comes to cooking our traditional and national dishes we go above and beyond. Some of these dishes are green fig and saltfish, dumplings in one pot, different types of one pot, breadfruit and smoke herring, and so much more...

Breakfast: Bake (with saltfish or not) and Cocoa tea (could be dinner also)

Lunch: Green fig and Saltfish

Dinner: Local bread (with saltfish or not) and Cocoa (could be breakfast also)

American Food:

Although, there are many foods that are common in my St Lucian culture and in American culture, there are some foods that are not found in St. Lucia...

Including:

- McDonalds
- Popeyes
- Wendys



Currency in St. Lucia...

- The currency in St. Lucia is Eastern Caribbean Dollar (EC Dollars).



Currency in America...

- The currency in America is United States Dollar (USD).



Conclusion:

In conclusion, my cross-cultural experience was interesting. I learned a lot of new things, I interacted with people from many other cultures, heard and learned other languages. I learned that everyone has different beliefs and values and you should not judge anyone. Also, some of the non verbal communication we have in St. Lucia is totally different and would be interpreted differently. America is a bigger and more diverse place while St. Lucia is a small, tropical island for a great vacation. Even the money was different. I had to adjust to using the American money because our currency was the only thing I was used too. Lastly, my experience opened my eyes to new things and new opportunities. I made friends and enjoyed learning about their cultures.

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