

My Culture

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Pakistan is located in southern Asia. Pakistan is boarded by the Arabian sea to the south, Iran and Afghanistan to west, India to the east and China to the north.

Pakistan borders four countries, eastern border with India, a north border with China, a south western border with Iran and a western and northern border with Afghanistan.

Pakistan, is the Islamic Republic of Pakistan. That means Pakistan is ruled by Islamic laws and is contracted to Islamic Monarchy.



Capital of Pakistan

Islamabad



Famous Mosque in Islamabad called Faisal Mosque (Masjid).

Other major cities include,

- Karachi
- Lahore
- Faisalabad
- Rawalpindi
- Gujranwala
- Peshawar
- Multan
- Hyderabad
- Islamabad
- Quetta



Currency in Rupees.

Food



Rice and Chicken (**Biryani**)
Cook with 2 or 3 layers of chicken
curry on rice.



Somosas
Cook in oil by putting all the
materials into the triangle and
fry.



Butter chicken
Cook chicken and then
make gravy, put butter and
other spices.

Food Cont.

Most of the traditional food is related to Indian food.

Sweets



Jalebi

Made with flour and sugar and then deep fry this.
Serve hot.



Gulab Jamun

Made with dried whole milk and fresh cheese such as ricotta and deep fry in oil and put into sugar syrup.



Ras Malai

Made with milk powder, make gravy and then put it in freezer. Serve cold.

Traditional clothes

Female and male



Cultural dress called Shalwar Kameez for both worn by men and women.

← **Shalwar**(trouser), **Kameez** (Shirt), **Dupatta**(Scarf).

(Picture when Kate Middleton visited Pakistan).

Male 2 pieces clothes include → **Kurta**(long shirt) and **Shalwar** (trouser).



Traditional Wedding Groom and Bride

Traditional wedding has 3 mandatory days to celebrate but most people can go up to 4 to 6 days depend how people/families celebrate.

1st day: called mayon Mehdi/Henna day when a bride do hena and that day is celebrated usually at night with songs, traditional dances and traditional sweets. Bride suppose to eat that sweets till all the people present there are done one time.



1st day look called (Mehndi or henna)

Traditional wedding cont.

2nd day of wedding called baraat and bride most of the time wear red dress and this is the day when groom and bride officially get married which is called (**NIKKAH**) and the day bride leaves her parents house. On barat day, bride side do everything on that day from giving food to rent a car where bride will sit and leads to her husband house.

3rd day of wedding called Valima where bride come from her husband side to the hall and on Valima day, boy side do everything for the guests like food, rent a hall, dress and other stuff.

2nd day look (Baraat) Red color



3rd day look (Valima)



Languages

There are 6 main languages in Pakistan.

Balochi, Pushto, Sindhi, Urdu, Punjabi, Saraiki

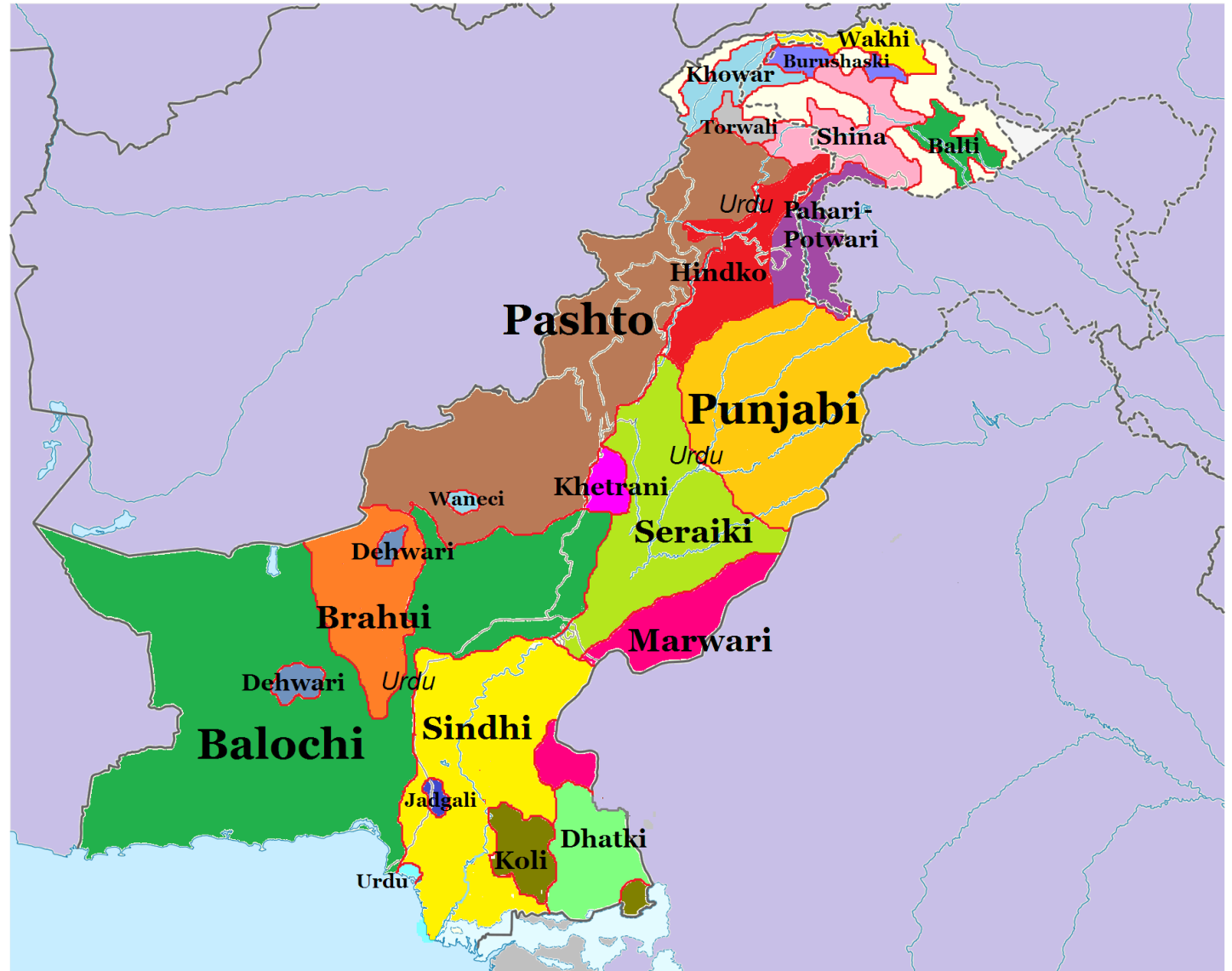
(main language)

People speak other language in other regions such as Gujrati, Kashmiri, Balti, Shina, Khowar and many more other languages.

(minor languages)

Urdu and English is the

(official language).



Norms and taboos

Throughout the Pakistan, the norm which is still common is the practice of **keeping women in seclusion**(PURDAH) means whenever women go out, she needs to cover herself (hair and body)

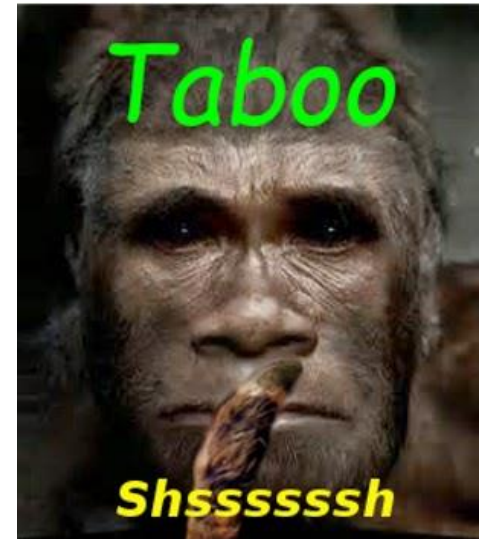


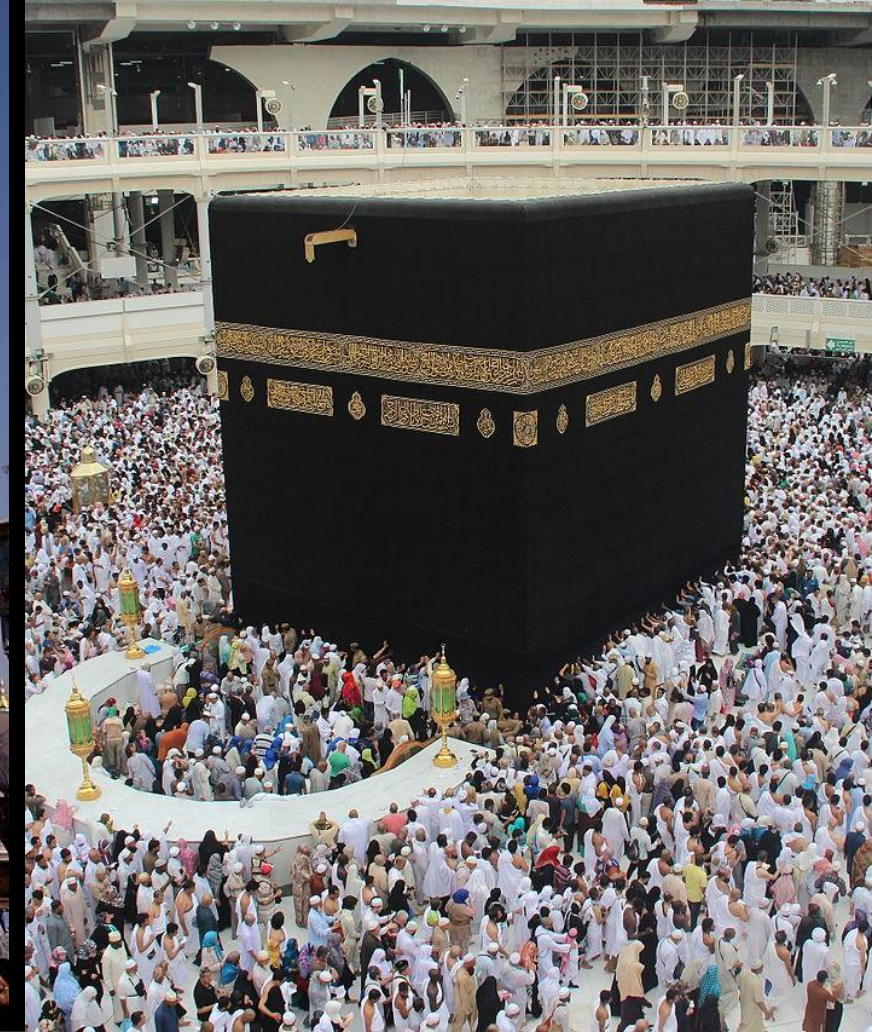
Veil(Niqab)



Hijab

- 1-Importance of sex Education
- 2-Getting Divorced
- 3-Transgenders
- 4-Sexual violence
- 5-Asking questions about religion
- 6-Honor killing
- 7- Homosexuality





Our Holy Places

These two holy Places are Located In Saudi Arabia where people can go whenever they want but for (Hajj) they have to go in a specific month according to the Islamic calender which depends on the moon. Right Place is the God's House (we say Allah;s House) and the left picture is God's beloved Holy Prophet's House.

Two major Festival

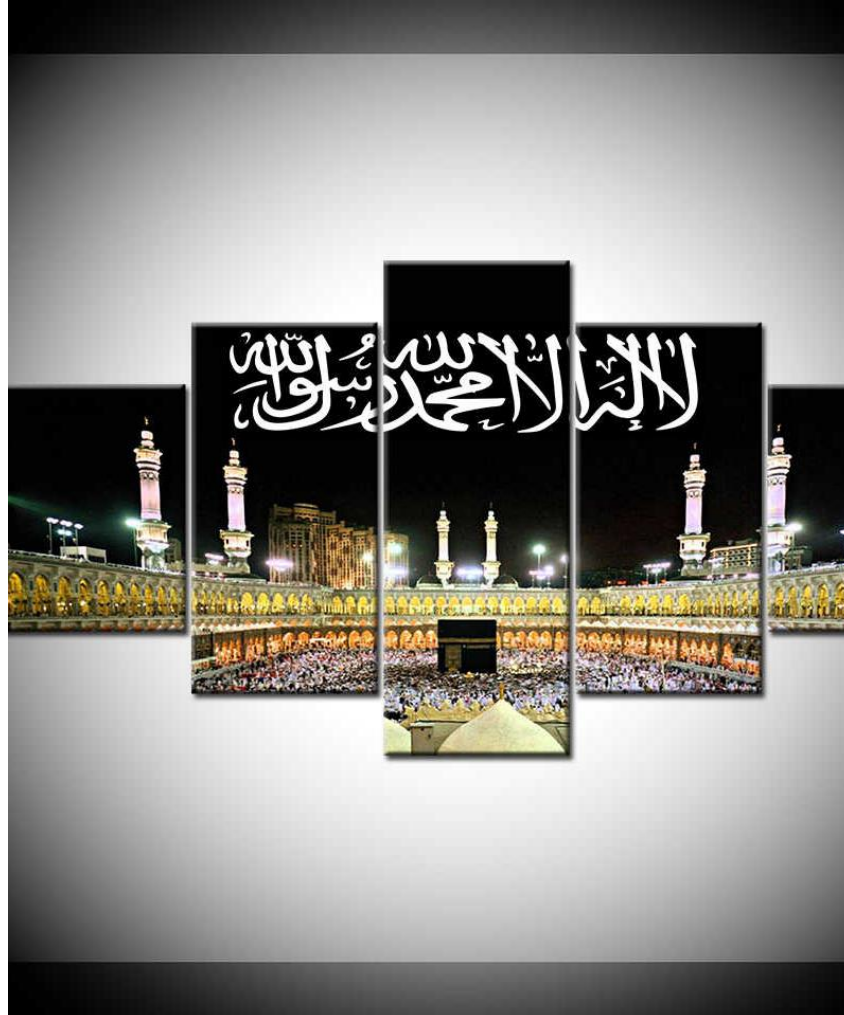
There are many other festival and the festival is all based on Islamic History. The one festival on the left side is when we all have **day off** in the USA.



This Eid is called **Eid-ul-Fitr**. On this day, we dress up and get money from all the relatives and older people. This day is reward for us because we fast a whole month before this day.



This day comes after 3 months of Eid-ul-Fitr called **Eid-ul- adha**. On this day, we slaughter animals such as goat, sheep, camel, cow and then distribute the meat to the poor people. This EID is all about helping poor people who cannot able to eat meat in their daily lives. We slaughter the animals according to the Islamic rules such as when slaughtering, face should be in right specific direction.



Artifacts

we must hang out these artifacts in our houses that represents good will and protection of our house. These artifacts should not face our backs, so we hang these artifacts on the top spot of the wall so when we walk, our back does not face this directly if it does this will be very disrespectful.

Funeral

In all Islamic countries, people are taking the coffin and lead the coffin to the graveyard and then the person is buried under grave in graveyard and it depends if the person is male or female because the depth of the grave depends on whose died (male or female).



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Thank You